

# A kiosk has come to Coleraine's Cotton Park

The City of Coleraine has been working to increase opportunities for physical activity and promote the resources that are available to residents and visitors of the community. Last spring a connection from the Mesabi Trail to the Canisteo Trail was completed. "Our goal is to complete a full figure 8 off the Mesabi Trail that goes through Coleraine and Bovey," states Cavour Johnson, community volunteer. Throughout the summer Get Fit Itasca worked with volunteers to develop trail maps and place a kiosk in Cotton Park to promote available trails in the area. With the cooperation of the city, many volunteer hours, and private and public funders, we are excited to say the kiosk is up!

The three sided kiosk displays a large map of the biking, walking, hiking, and ski trails that are available in the community. Another panel holds information about the Shoreline Restoration Project along Trout Lake and the park's water's edge. The final side will have historical information about the community. Did you know that Cotton Park used to be the home of a dance hall?

Get Fit Itasca would like to thank the following organizations for their financial contribution to the project:

- Statewide Health Improvement Project (SHIP)
- Itasca County Trails Task Force
- First National Bank of Coleraine
- Minnesota Power Foundation
- Beefy Lawson Fund

Special recognition goes out to those who volunteered their time to complete the kiosk project including:

- Cavour Johnson
- Dan Dezelske
- Jerry Drews
- City of Coleraine
- Andy Bown
- Robb Ritter
- City of Grand Rapids Public Works



Get Fit Itasca encourages Itasca County residents to venture over to Cotton Park in Coleraine. For a full active living experience hop on the Mesabi Trail, bike over to the park, and then continue out to the end of the peninsula, before heading back home. For an afternoon or evening walk start at the kiosk and walk the 1.5 miles out to the end of the peninsula to take in the view. Handheld maps of Coleraine are available at the kiosk or city hall.

For more information on opportunities for physical activity in Itasca County visit [www.getfititasca.org](http://www.getfititasca.org). To get involved or learn more about Get Fit Itasca or SHIP please contact Meghan Bown, Community Health Coordinator at [mbown@ymcaitasca.org](mailto:mbown@ymcaitasca.org) or by calling (218)327-1161x240.

In the photo: Mark White, First National Bank of Coleraine; Tom Saxhaug, Minnesota State Senate; Tom Anzelc, Minnesota State House of Representatives; Rhonda Munger, Minnesota Power Foundation; Pat Medure, Beefy Lawson Fund; Meghan Bown, Get Fit Itasca

These are representatives of the funding agencies. Not pictured was Catherine McLynn, Itasca County Trails Task Force.