



Rollerblading Paths

Portage Park 55721

Lake St. & Katherine Ave. Cohasset, MN

Located off Cty Rd 63 on the corner of Lake St. and Katherine Ave. in Cohasset, MN. A paved trail loops around the entire park and an all season rink for inline skating is open during the summer months.

Tioga Beach Trail

Tioga Beach Rd. Cohasset, MN 55721

Located along Cty Rd 63 of Cohasset. Parking is available at Tioga Beach which is located on Tioga Beach Road off of Cty Rd 63. The paved trail wraps around Pokegama Lake for a half-mile then continues parallel to Cty Rd 63 for 1.5 miles.

Airport Road Path

7th Ave. SE, Grand Rapids, MN 55744

Path starts at the corner of River Road and 7th Ave. SE in Grand Rapids. The paved path continues down 7th Ave. SE and veers away from the road slightly toward the right. Path continues through a wooded area and then veers back again towards 7th Ave. SE.

Gunn Park

Located north of Grand Rapids on Hwy 38, on the shores of Prairie Lake.

Itasca Trail

Itasca County Fairgrounds, Grand Rapids, MN
www.co.itasca.mn.us/Parks/bkie_trails.htm

The Itasca Bike Trail is a 7-mile trail that branches off from the Mesabi Trail in Grand Rapids and goes north to Gunn Park on Scenic Hwy 38. This is a multiple-use trail that includes hiking, bicycling, and in-line skating. The trail provides safe and healthy recreational opportunities for local residents and visitors.

Mesabi Trail

218-254-0086
877-637-2241

Itasca County Fairgrounds, Grand Rapids, MN
www.mesabitrail.com

97 miles of trail. Trail starts at the Itasca County Fairgrounds in Grand Rapids. The Mesabi trail is one of Minnesota's newest trails, and once completed, it will be one of the longest paved trails in the United States, connecting Grand Rapids to Ely. The trail will traverse 132 miles and connect more than 25 communities (Nashwauk, Hibbing, Chisholm and Virginia, to name a few). (See Appendix A for map of trail.)

Quadna Mountain & Golf

218-697-2880
800-422-6649

400 Quadna Road, Hill City, MN 55748
www.quadna-resort.com/activities.html

18 mile trail. Located from Grand Rapids 12 miles south on MN Hwy 169.

Sylvan Point Trail

14th Ave. SW, Grand Rapids, MN 55744

From Grand Rapids, take 169S to Golf Course Road. Take a Right on Golf Course Road and go 1.4 miles. Take a Right on 14th Ave. SW – road before Grand Itasca Hospital. Go about two blocks. Parking lot is on the Left hand side. Paved trail was built in a beautifully wooded area of red pines and runs behind the hospital and onward to the Forest History Center.